

# IRON STUDIO SCHEDULE (2nd floor)

2F studio schedule

From April 2024

<http://www.powerarts.org>

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06-7493-0523

※Reservations required for 『Private lessons』 『Aerial open training/aerial ring』 『Kinder circus』 『Studio rental』 Please call for bookings

**Normal classes need no prior reservations!**

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
11:00							Every 3rd sunday Of the month the Gym is closed
12:00							Reservation needed Aerialring Every All level 2nd CHII &4th ¥3500 sun Adult
13:00			Studio rental  1hour / ¥2000  Plus:each person/¥200				Studio rental  1hour / ¥2000  Plus:each person/¥200
14:00	Open Training					Stretch Beginner HIRO ¥2100 Adult	
15:00	JCH - Adult  1st floor ¥1100 2nd floor ¥1100  Both ¥2200 Adult					Stretch advanced 9y/o up-adult HIRO ¥2100	
16:00					Studio rental 1hour / ¥2000	Studio rental 1hour / ¥2000	
17:00					Plus:each person/200! Private Lesson 2 F	Plus:each person ¥200 Private Lesson 2 F	
18:00		Acrobat basic 6y/o-adult MAME ¥2100					
19:00	Dancer Acro 6y/o-adult MAME ¥2100	BasicSkills 9y/o up -adult KEITA ¥2100	Contortion Must be able to bridge JHS - Adult HIRO ¥3200 Adult		Primary - junior high Parkour Skill JYOJI ¥2100 KIDS		
20:00	Acro core 9y/o up-adult KEITA ¥2100	Break Acro 6y/o-adult RYOMA ¥3000			Parkour Skill All level JYOJI ¥2100 Adult		
21:00	Private lesson 2 F	Studio rental  1hour / ¥2000  Plus:each person/¥200	Studio rental  1hour / ¥2000  Plus:each person/¥200	Studio rental  1hour / ¥2000  Plus:each person/¥200			
22:00							
23:00							

※Kids classes are for primary to junior high kids. Adult classes are for junior high to adult.

※Studio rental, aerial ring and private lessons are require reservations (Please feel free to call)

※Silks/ring/straps rental is ¥3000 cube is ¥4000

**※Inside shoes are required for the break acro and parkour skills classes.**

Outside shoes are not allowed