

Power Arts Schedule

1F studio schedule
From April 2024

**NO reservation required
for normal classes!**

◁1st floor rental studio fee▷
(Monday~Wednesday) 11am~13pm
(Thursday, Friday) 11am~15pm
1h/¥15,000 · 2h~¥10,000/1h
(2h¥20,000/3h¥30,000)
Cannot be used for commercial purposes
(Work shops etc.)
Please use it for practice, photography, etc.

<http://www.powerarts.org>


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※Reservations are required for 『Private Lesson』 『Aerial Open training/Aerial hoops』 『Kinder circus』 『Rental studio』
by phone or email!

All adult acrobat classes allow you to practice backflips!

	Mon	Tues	Wed	Thurs	Fri	Sat		Sun
11:00						Both columns are Saturday		Every 3rd Sunday Of the month the gym is closed
12:00		1h/¥15,000 · 2h~¥10,000/1h	Rental studio			Aerial Open training 5m ●Silks ●Ring ●Straps Reservation only ¥3000	Aerial Open training 10m (pit area) Reservation only ¥3500 2 people/6000¥	Open Training JHS-Adult 1st floor ¥1100
13:00	Open training Public holiday only 13:00-16:00 16:00-19:00		Open Training			Back flip Kids 6y/o up KEITA ¥2100 KIDS	Kinder circus 4y/o up Monthly ¥2100(number of times Blair&CHIL	
14:00	Open Training JHS-Adult		JHS-Adult 1st floor ¥1100			Private Lesson	Parkour beginner Primary-junior high 14:00-15:10 AO ¥2100 KIDS	
15:00	1st floor ¥1100		2nd floor ¥1100			Private Lesson	Aerial Workout Every 1st & 3rd sat 9y/o up Blair ¥3500	Kinder Parkour 4y/o up JYOJI ¥2100
16:00	2nd floor ¥1100	Kinder Acro 4y/o up MAME&AO Adult Reservation ¥3000	Kinder Acro 4y/o up JYOJI&AKATSUKI Monthly ¥15000	Kinder Parkour 4y/o up AO ¥2100	Aerial Open training 5m ●Silks ●Ring ●Straps Reservation ¥3000	Kinder Acro 4y/o up JYOJI AKATSUKI Monthly ¥15000	Private Lesson	16:00~17:20 Parkour Basic AO ¥2100 Adult
17:00	Acrobat Primary-JHS Level 1-2.0 ¥2100 Monthly ¥15500 KIDS	Acrobat Primary-JHS Level 1-2.0 ¥2100 Monthly ¥15500 KIDS	Acrobat Primary-JHS Level 1-2.0 ¥2100 Monthly ¥15500 KIDS	Acrobat Primary-JHS Level 1-2.0 ¥2100 Monthly ¥15500 KIDS	Acrobat Primary-JHS Level 1-2.0 ¥2100 Monthly ¥15500 KIDS	Acrobat Primary-JHS Level 1-2.0 ¥2100 Monthly ¥15500 KIDS	Private Lesson	18:00~17:20 Parkour Basic AO ¥2100 Adult
18:00	Primary juniorhigh Parkour beginner JYOJI ¥2100 Monthly 65000 KIDS	Acrobat Primary-JHS Level 1-2.0 ¥2100 Monthly ¥15500 KIDS	Back Flip 6y/o up KEITA ¥2100 KIDS	Private Lesson	Acrobat Advanced Level 1-2.0 ¥2100 Monthly 15500 KIDS	Acrobat Advanced Level 1-2.0 ¥2100 Monthly 15500 KIDS	Private Lesson	Acrobat All Level JHS - Adult ¥2300 Monthly ¥20500 Adult
19:00	Primary juniorhigh Parkour advanced JYOJI ¥2100 Monthly 65000 KIDS	Acrobat Level 5-2.0 ¥2100 Monthly 65000 KIDS	Acrobat Level 5-2.0 ¥2100 Monthly 65000 KIDS	Tricking All level 6y/o up KEITA ¥2100 KIDS	Acrobat Level 6-2.0 ¥2100 Monthly 15500 KIDS	Acrobat Level 6-2.0 ¥2100 Monthly 15500 KIDS	Back Handspring Basic KEITA ¥2100 Adult	Free training ok
20:00	Parkour beginner JYOJI ¥2100 Adult	Flexy Acro 9y/o-adult HIRO ¥2100 Adult	Acrobat beginner HIRO ¥2100 Adult	Free training ok	Acrobat Basics MAME 9y/o adult ¥2100	Flips Basic KEITA ¥2100 Adult	19:50-20:50 Silks Basic IZUMI ¥3100 7/2/1/1/1	
21:00	Acrobat All Level JHS - Adult ¥2300 Monthly ¥20500 Adult	Extreme Acro All Level JHS - Adult ¥2300 Monthly 205000 Adult	Acrobat All Level JHS - Adult ¥2300 Monthly 205000 Adult	Acrobat Beginner HIRO ¥2300 Adult	Acrobat All Level JHS - Adult ¥2300 Monthly ¥20500 Adult	Acro Advanced Requires a Back flip To enter ¥2500 Monthly 20500 Adult	Tricking AKATSUKI ¥2100 Adult	
22:00								
23:00	Free training ok	Free training ok		Free training ok	Free training ok			

- Joining fee is one time only ¥11000/ insurance renewal is every April Kids ¥1100 Adult ¥2100/1 year
- [Acrobat kids] Monthly ¥15500 (Sibling discount ¥2500 per child) (If a public holiday falls on a monday there are no acro kids classes)
- [Kinder acro] monthly ¥15000 (Sibling discount ¥2500 per child)
- If a kindergarten child obtains a Level 2 they can join the back flip kids class
- If a kindergarten child obtains a Level 4 they can join the Acrobat kids class
-  Adult acro classes are pay per class or a highly discounted monthly fee of ¥20500
- Private lessons pricing (reservation required)
¥8000/1 person ¥14000/2 people ¥18000/3 people
- Private lessons are pay in advance only. Cancellations are accepted until 6pm the day before. After that there are no refunds.
- KIDS marked classes are for primary and junior high school kids. Adult marked classes are for junior high school kids to adults.
- The instructors course is a 24 times course at ¥192000 (Tax not included) The course focuses on becoming a acrobatic and or parkour instructor plus studio management.